

# **Crash Course Swim Lessons at Camp Tanager**

**Fast. Fun. Confidence-Building.**

*Make a splash this summer with our Crash Course Swim Lessons, powered by the Starfish Swimming curriculum — a nationally recognized program designed to help kids learn water safety and swimming skills quickly and confidently.*

*Each week-long course includes a daily swim lesson led by certified instructors in our camp pools. Through small group instruction and lots of in-water practice, campers build skills faster while having fun with their friends.*

## **Why Choose Crash Course Swim Lessons**

- **Accelerated Learning** – With lessons every day, skills build quickly and kids retain what they learn.
- **Confidence in the Water** – Frequent practice turns nervous swimmers into confident ones.
- **Certified Instruction** – Our Starfish Swim instructors use proven, child-friendly teaching methods focused on safety and success.
- **Perfect for Every Level** – Whether your child is just starting out or ready to refine their strokes, each group is matched by ability.
- **Built Into Camp Fun** – Campers enjoy the best of both worlds — a focused swim lesson plus all the excitement of summer camp activities.

## **Swim Lessons - Class Levels and Descriptions**

<b>RED</b>	<b>YELLOW</b>	<b>BLUE</b>	<b>GREEN</b>	<b>TEAM</b>
<i>If your child ...</i>  Can't swim without support but loves the water...  Will get face wet...  Will jump in from the side ...  <b>SIGN UP FOR RED GROUP</b>	<i>If your child ...</i>  Is not afraid of the water ...  Can float on front or back...  Can jump in and return to surface...  <b>SIGN UP FOR YELLOW GROUP</b>	<i>If your child ...</i>  Can swim underwater or on the surface, and can get an occasional breathe...  <b>SIGN UP FOR BLUE GROUP</b>	<i>If your child ...</i>  Can tread water for at least 15 seconds...  Can swim freestyle with rotary (side) breathing...  <b>SIGN UP FOR GREEN GROUP</b>	<i>If your child ...</i>  Can swim 25Y freestyle with side breathing...  Needs to build endurance...  Wants to learn starts, turns, and swim team techniques...  <b>SIGN UP FOR TEAM GROUP</b>

## **Program Highlights**

### **Schedule:**

Daily - 40 minute swim lessons during your child's regular camp week

### **Focus:**

Water safety, comfort, floating, and progressive stroke skills

### **Instructors:**

Starfish Swim-trained staff

### **Goal:**

Stronger, safer, more confident swimmers by week's end



## **Give Your Child a Week of Water Confidence**

These week-long crash courses are a great way to jump-start swimming progress — ideal before family vacations or a summer full of pool time.

Spots are limited for each ability level, so register early to secure your swimmer's place!

